### BERMUDIAN SPRINGS SCHOOL DISTRICT
### 11th Grade Health Year-Long Curriculum Map

#### UNIT/Week

<table>
<thead>
<tr>
<th>Lesson Introduction</th>
<th>Growth and Development</th>
<th>Nutrition</th>
<th>Prevention/Control</th>
<th>Drugs, alcohol &amp; Tobacco</th>
<th>Environment/Personal Health</th>
<th>Injury Prevention/Safety</th>
</tr>
</thead>
<tbody>
<tr>
<td>Health Status survey, goal setting</td>
<td>Acute &amp; chronic illness, Communicable &amp; Non Communicable Disease, Relationships, Career Choice, Aging process, analyze current</td>
<td>Food cost, food budget, food preparation, food labels, nutritional requirements, and dietary guidelines, analyze current fads</td>
<td>Reproductive systems, medical advances about STI's, Abstinence emphasis, government policies school based abstinence programs</td>
<td>Psychological signs of addiction, Social impact, Analyze chemical use and fetal development, drug &amp; alcohol laws, analyze current fads</td>
<td>Environmental laws, Create a safe environmental plan, safe environmental choices</td>
<td>Individual freedoms, personal injury, impact of loss of family income</td>
</tr>
</tbody>
</table>

#### August

- Lesson Introduction
- Growth and Development
- Nutrition
- Prevention/Control
- Drugs, alcohol & Tobacco
- Environment/Personal Health
- Injury Prevention/Safety

#### September

- Lesson Introduction
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#### October

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#### November

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#### December

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#### January

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#### February

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#### March

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#### April

- Lesson Introduction
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#### May

- Lesson Introduction
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- Injury Prevention/Safety

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