



SAP

Having Difficulty and Need Support,
Encouragement and Understanding?



National Teen Dating Abuse Helpline

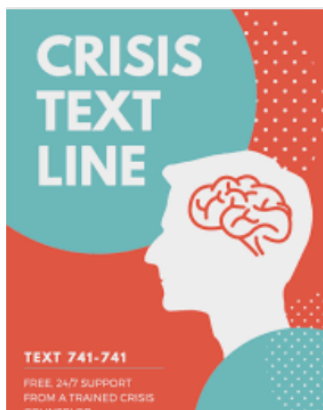
Is a 24-hour national web-based and
telephone helpline created to help teens
(ages 13-18) experiencing dating abuse



Suicide Prevention Lifeline



1-800-273-TALK (8255)



Crisis Text Line

Text HOME to 741741 to connect w/ a crisis

counselor

